



Nantucket  
Conservation  
Foundation

SUMMER EXCURSIONS FOR NCF MEMBERS

2024

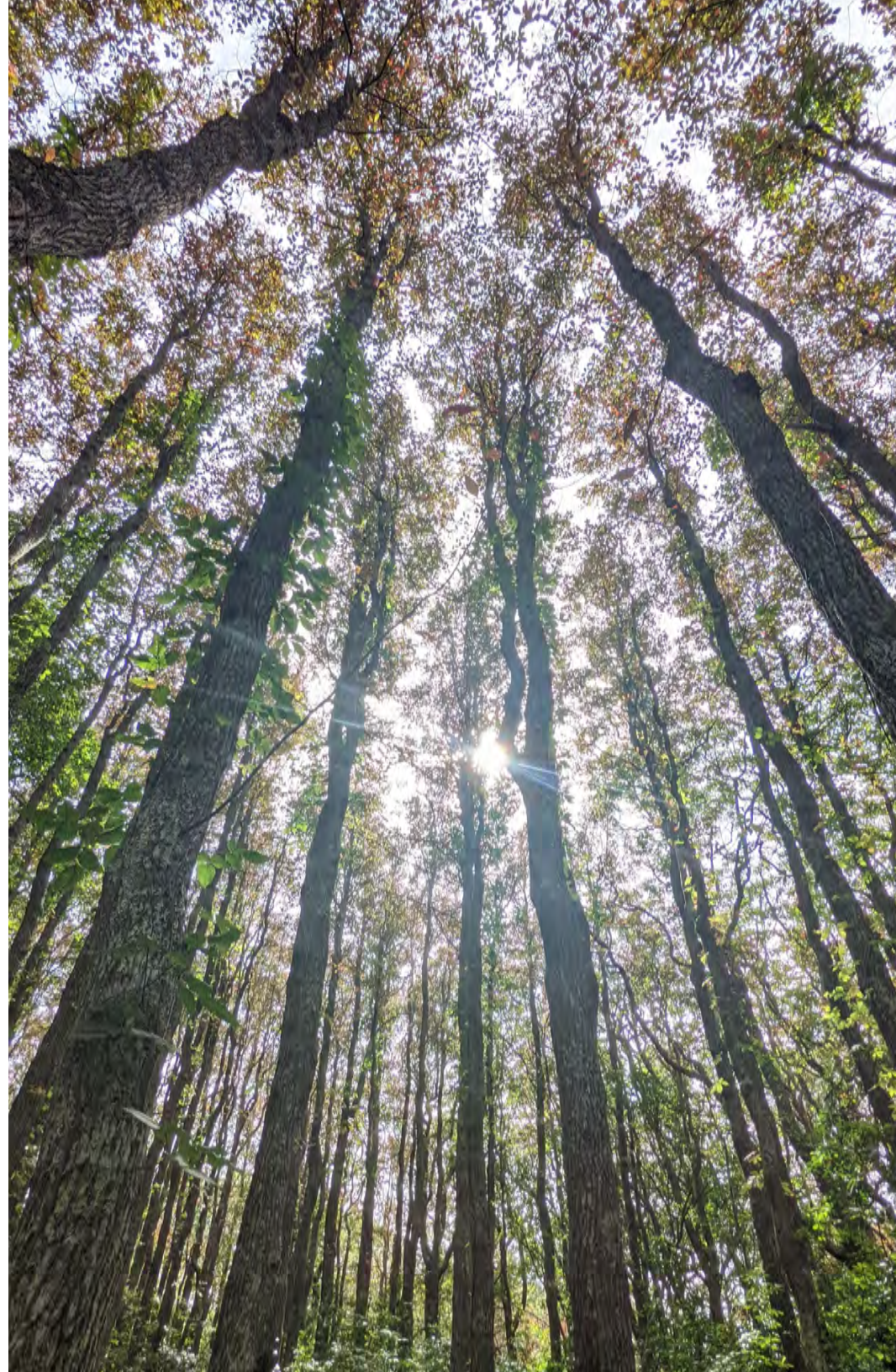


## Welcome to the Nantucket Conservation Foundation's Summer Excursions guide for members.

Through signature annual events like the Race for Open Space, weekly Mornings for Members Walks and Ecology Excursions; the Nantucket Conservation Foundation connects our members to our mission of land conservation. We all have a special connection with this island and the 9000 acres of open space that NCF conserves. Now in our 61<sup>st</sup> year, we are thrilled to celebrate our properties and the trails you love in new and exciting ways. We continue to craft new walks and experiences to show off our renowned ecological research projects.

As part of our mission, the Nantucket Conservation Foundation staff create events that bring people together to share our love of this amazing island and our passion to preserve the qualities that make Nantucket such a wonderful place. Each outing has been thoughtfully developed by a member of the NCF team, focusing on their own expertise to highlight a piece of the Foundation's property and work.

We have increased the number and diversity of excursions offered this summer, but reservations are still required. To sign up, please visit our website at [nantucketconservation.org](http://nantucketconservation.org) or call 508-228-2884 Monday – Friday from 9am – 5pm. If your preferred excursion is filled, please sign up for the waitlist and we may be able to accommodate later on.



## Mornings for Members

Held weekly beginning in early June through the end of September.



## Ecology Excursions

Held throughout the summer and shoulder season, these guided walks highlight the work and research of our Ecological Research, Stewardship, and Restoration Department.



## Belle Cruises

Colleague level donors\* only. See Foundation properties from a new perspective as we cruise through Nantucket Harbor. Contact us for more information at 508-228-2884.



## Wellness Series

Guided bike tours, outdoor yoga, and adventurous mountain bike rides held throughout the summer and into the shoulder season.



## Special Events

Notable events open for all to participate.

\* For more on the benefits of Colleague level membership, please call our office.



# JUNE EXCURSIONS

## Birding With Woody

JUNE 4 + 11

A new program focused on the wonderful world of birding! Join Woody Newell, one of our NCF Trustees, on an adventure through an NCF property to find and appreciate avian residents and migrants. Woody's passion for birding is helpful for novices and seasoned birders alike. June 4th's walk will focus on our nesting shorebirds and the stewardship work on Nantucket's beaches. No previous experience needed, but binoculars encouraged! **(8am-10am)**

## Nighttime Horseshoe Crab Walk

JUNE 4 + 18

(1.0 mi) Join NCF's Environmental Educator, Isaac Hersh, on an exciting new program at Little Neck in Madaket Harbor. Learn about our ongoing research at the height of horseshoe crab mating season and experience the ecology of Nantucket's harbor-facing beaches at night. Get acquainted with some of the island's nocturnal wildlife like horseshoe crabs, eels, night herons, and more! Space is limited. Water shoes/boots required. Headlamps/flashlights recommended. **(9pm-10:30pm)**

## Spring Wildflowers of Squam Forest

JUNE 5

Join NCF Plant Research Ecologist/Botanist Kelly Omand for a loop tour of the emerging spring plant life through the more open landscapes of Squam Farm and the vibrant understory of Squam Swamp. Learn the spring and early summer wildflowers of our forests and fields and view the forest in fresh spring foliage. **(9am-11am)**

## Squam Swamp

JUNE 7

(1.8 mi) Unique trees and vibrant seasonal sights await in the forests of Squam. Prepare for exploring some adventurous, mucky, uneven trails while you hear about the ecological bounty tucked in the vernal pools and Red Maple swamps of this striking hardwood forest. **(8:30am-10:30am)**

## All Levels Yoga Flow

JUNE 9 + 16

A 60-minute class moderately paced with mindful, controlled movement and breath. Emphasis is on lengthening postures, fluid breathing, smooth transitions, and cultivating focus. Includes a gentle warm-up, a brief flow to warm the body, a short series of longer holds, and a relaxing cool-down. Class is aimed to lengthen and preserve more than strengthen and exhaust. Pre-registration required. **(9am-10am)**

## Guided Bike Tour

JUNE 10 + 24

(9 mi) Join avid cyclist and NCF Trustee Jim Meehan to tour the trails and dirt roads of the Middle Moors or Ram Pasture. Space is limited. Helmet and a mountain bike suitable for rough roads is required. **(8am-10am)**

## Southern Pine Beetle Walk

JUNE 13

This ecology excursion will give a close-up view of the damage caused by Southern Pine Beetles. Walk with Wildlife Research Ecologist Danielle O'Dell as she describes the recent outbreak of pine beetles and how NCF is managing the infestation. You will learn the signs to look out for and how you can report them so that further outbreaks can be avoided and hear about what NCF and our island conservation partners are doing to create healthier pitch pine forests that will hopefully be more resilient to future southern pine beetle outbreaks. **(9am-11am)**

## Windswept Bog

JUNE 14

(1.3 mi) Following the recent completion of Phase 1 of our watershed-level wetland restoration of this former cranberry farm, we will discuss the bog's history, showcase the work that just took place in early 2024, explain what Phase 2 of the project will entail this coming winter, and look forward to what Windswept could look like within the next several years post-restoration. Hear about how we are improving the ecological resources while maintaining public access to this beloved property. **(8:30am-10:30am)**

## Birding Folger's Marsh

JUNE 18

A collaborative program between NCF, Egan Maritime and Linda Loring Nature Foundation explores the active birds and history of Folger's Marsh. Viewing the marsh from Egan Maritime's Shipwreck & Lifesaving Museum, this program showcases the importance of seabirds and waterfowl in storied maritime history, to enrich and inform membership of all 3 organizations. Register for free through Egan Maritime at [eganmaritime.org/events](http://eganmaritime.org/events). **(8am-9:30am)**

## Folger's Marsh Kayak Paddle

JUNE 20

These popular paddles in collaboration with Egan Maritime are a spectacular opportunity to paddle through this beautiful and vibrant ecosystem at Folger's Marsh. Drift along with our ecologists and better understand the true value of a saltmarsh ecosystem. Critically important for our coastal resiliency as an island and rich with biodiversity, these habitats take center stage on this kayak adventure. Space is limited. Register for free through Egan Maritime at [eganmaritime.org/events](http://eganmaritime.org/events). **(11am-1pm)**

## Ram Pasture

JUNE 21

(2.5 mi) Traverse the southernmost end of our popular Sanford Farm and Ram Pasture property and see why this is a must visit for many. Take in the spectacular views of the ocean and open grasslands in bloom while you hear about the rare and endangered species that thrive with our protection and management. **(8:30am-10:30am)**

## Belle Cruise

JUNE 25

A special harbor launch on the Belle led by our Ecology staff, each of whom lends their expertise to the outings. These tours are a fun, informative way to enjoy special parts of Nantucket as we show our appreciation to a very important group of people. See Coatue from the water and cruise through the morning as you discuss the important role it plays in our island ecology. **(9am-11am)**

## Tawpawshaw Bog & the Shawkemo Highlands

JUNE 26

(2.4 mi) This walk explores a scenic, hilly area in the Western section of Middle Moors. Highlights include freshwater ponds, interesting plant species, and stunning views of the Moors and Nantucket Harbor. **(8:30am-10:30am)**

## Native Plant Landscaping Tour

JUNE 27

Visit the NCF office at 118 Cliff Road to learn how native shrubs, trees, wildflowers can find a home in your own yard. Planting native supports fascinating insects and wildlife, and connects conservation lands. NCF Plant Research Ecologist/Botanist Kelly Omand gives a tour of our office grounds showcasing the makeover of our office landscape, from removal of invasives to building a biodiversity meadow highlighted with educational signs sponsored by a generous Nantucket Garden Club Grant. **(9am-11am)**

## Folger's Marsh Restoration Walk

JUNE 28

A new walk that explores climate change future adaptation while walking Folger's Marsh. Dr. Jen Karberg will be joined by Leah Hill, Town of Nantucket's Coastal Resilience Coordinator. Learn about current research and monitoring of this salt marsh and the Polpis Rd culvert which will help NCF and the Town of Nantucket plan restoration and adaptation of Polpis Rd to sea level rise. Learn about the goals for this crossing in the Town of Nantucket's Coastal Resilience Plan and how restoration will improve this important salt marsh. **(9am-11am)**

## Race for Open Space

JUNE 29

Our annual Race for Open Space fundraiser held at the Milestone Cranberry Bog and the adjacent Middle Moors property. Participate in a 2-mile walk, 5K or 10K and contribute to year-round open space conservation. Register online at [www.nantucketconservation.org](http://www.nantucketconservation.org). **(7am-10am)**

# JUNE 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4 Birding with Woody (Shorebirds) Nighttime Horseshoe Crab Walk	5 Spring Wildflowers of Squam	6	7 Squam Swamp	8
9 All Levels Yoga Flow	10 Guided Bike Tour (Ram Pasture)	11 Birding with Woody	12	13 Southern Pine Beetle Walk	14 Windswept Bog	15
16 All Levels Yoga Flow	17	18 Birding Folger's Marsh Nighttime Horseshoe Crab Walk	19	20 Folger's Marsh Kayak Paddle	21 Ram Pasture	22
23	24 Guided Bike Tour (Middle Moors)	25 Belle Cruise	26 Tawpawshaw Bog & Shawkemo	27 Native Plant Landscaping Tour	28 Folger's Marsh Restoration Walk	29 Race for Open Space
30						

All dates and times subject to change. Registration required. Space is limited.

Ecology Excursions, Mornings for Members, Wellness Series, Special Events

# JULY EXCURSIONS

## Windswept Bog

JULY 6

(1.3 mi) Following the recent completion of Phase 1 of our watershed-level wetland restoration of this former cranberry farm, we will discuss the bog's history, showcase the work that just took place in early 2024, explain what Phase 2 of the project will entail this coming winter, and look forward to what Windswept could look like within the next several years post-restoration. Hear about how we are improving the ecological resources while maintaining public access to this beloved property. **(8:30am-10:30am)**

## Guided Bike Tour

JULY 8 + 22

(9 mi) Join avid cyclist and NCF Trustee Jim Meehan to tour the trails and dirt roads of the Middle Moors or Ram Pasture. Space is limited. Helmet and a mountain bike suitable for rough roads is required. **(8am-10am)**

## Birding With Woody

JULY 9 + 12

A new program focused on the wonderful world of birding! Join Woody Newell, one of our NCF Trustees, on an adventure through an NCF property to find and appreciate avian residents and migrants. Woody's passion for birding is helpful for novices and seasoned birders alike. No previous experience needed, but binoculars encouraged! **(8am-10am)**

## Milestone Cranberry Bog

JULY 10

(2.4 mi) Visit this historic and fascinating Cranberry Bog in the height of summer. See the cranberry vines in bloom and hear the efforts for the future of traditional cranberry cultivation on island. **(8:30am-10:30am)**

## All Levels Yoga Flow

JULY 14

A 60-minute class moderately paced with mindful, controlled movement and breath. Emphasis is on lengthening postures, fluid breathing, smooth transitions, and cultivating focus. Includes a gentle warm-up, a brief flow to warm the body, a short series of longer holds, and a relaxing cool-down. Class is aimed to lengthen and preserve more than strengthen and exhaust. Pre-registration required. **(9am-10am)**

## Botanical Arts & Science Foray

JULY 16

Join Plant Research Ecologist/Botanist Kelly Omand in collecting, pressing, and mounting plants for botanical preparation while identifying and recording the species on iNaturalist. Learn how a botanist approaches collection for learning and scientific research. Materials will be provided for participants to make their own mini plant pressings. **(9am-11am)**

## Folger's Marsh Kayak Paddle

JULY 17

These popular paddles in collaboration with Egan Maritime are a spectacular opportunity to paddle through this beautiful and vibrant ecosystem at Folger's Marsh. Drift along with Coastal Ecology Research Technician Jisun Reiner and our ecologists to better understand the true value of a saltmarsh ecosystem. Critically important for our coastal resiliency as an island and rich with biodiversity, these habitats take center stage on this kayak adventure. Space is limited. Register for free through Egan Maritime at [eganmaritime.org/events](http://eganmaritime.org/events). **(9am-11am)**

## Southern Pine Beetle Walk

JULY 18

This ecology excursion will give a close-up view of the damage caused by Southern Pine Beetles. Walk with Wildlife Research Ecologist Danielle O'Dell as she describes the recent outbreak of pine beetles and how NCF is managing the infestation. You will learn the signs to look out for and how you can report them so that further outbreaks can be avoided and hear about what NCF and our island conservation partners are doing to create healthier pitch pine forests that will hopefully be more resilient to future southern pine beetle outbreaks. **(9am-11am)**

## Heart of the Middle Moors

JULY 19

(2.2 mi) Explore from the base of Altar Rock through the trails and hills of Norwood Farm. Follow paths through hidden valleys and view some of the distinctive kettle ponds that comprise this unique collection of rare habitats while learning about both indigenous and geologic history. **(8:30am-10:30am)**

## Outdoor Restorative Yoga

JULY 21

Get ready for a zen experience! Drop into this calming and centering practice of restorative yoga immersed in the peaceful setting of our properties. Be guided through the gentle movement, stretching and breathwork of a traditional 60-minute restorative class in open space. Pre-registration required. **(5pm-6pm)**

## Polpis Harbor Kayak Paddle

JULY 23

Join Dr. Jen Karberg and staff from the Town of Nantucket's Natural Resources Department to paddle Polpis Harbor and learn about harbor health, saltmarsh ecology and nature-based resilience solutions using oyster reefs. See NCF's saltmarsh restoration from the water and paddle past our inter-tidal oyster reef, the first of its kind in Massachusetts. Water, sun, and bug protection recommended. Space is limited. **(10am-12pm)**

## Shorebird Walk

JULY 24

Take a beautiful beach walk out to Eel Point and see shorebird conservation in action. Led by ecologist Neil Foley and our wildlife technician Gracie Bell, visit an important breeding site, learn about the nesting ecology of our annual residents, and appreciate their complex journey of protection. Open to all birding levels. This walk will go through soft sand and can be strenuous. Please bring sunscreen, water, binoculars, and walking shoes that could get wet. Space is limited. **(9am-11am)**

## Native Plant Landscaping Tour

JULY 25

Visit the NCF office at 118 Cliff Road to learn how native shrubs, trees, wildflowers can find a home in your own yard. Planting native supports fascinating insects and wildlife, and connects conservation lands. NCF Plant Research Ecologist/Botanist Kelly Omand gives a tour of our office grounds showcasing the makeover of our office landscape, from removal of invasives to building a biodiversity meadow highlighted with educational signs sponsored by a generous Nantucket Garden Club Grant. **(9am-11am)**

## Kettle Hole Ponds of the Western Moors

JULY 26

(1.8 mi) A great introduction to the diverse wetlands across the Middle Moors. Hear about the formation and ecology of the freshwater ponds sunken into this glacial landscape, the rare plants that thrive there, and the cultural importance of kettle ponds. **(8:30am-10:30am)**

## Belle Cruise

JULY 30

A special harbor launch on the Belle led by our Ecology staff, each of whom lends their expertise to the outings. These tours are a fun, informative way to enjoy special parts of Nantucket as we show our appreciation to a very important group of people. See Coatue from the water and cruise through the morning as you discuss the important role it plays in our island ecology. **(9am-11am)**

# JULY 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4 4th of July	5	6 Windswept Bog
7	8 Guided Bike Tour (Ram Pasture)	9 Birding With Woody	10 Milestone Cranberry Bog	11	12 Birding With Woody	13
14 All Levels Yoga Flow	15	16 Botanical Arts & Science Foray	17 Folger's Marsh Kayak Paddle	18 Southern Pine Beetle Walk	19 Heart of the Middle Moors	20
21 Outdoor Restorative Yoga	22 Guided Bike Tour (Middle Moors)	23 Polpis Harbor Kayak Paddle	24 Shorebird Walk	25 Native Plant Landscaping Tour	26 Kettle Ponds of the Moors	27
28	29	30 Belle Cruise	31			

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Ecology Excursions, Mornings for Members, Wellness Series, Special Events

# AUGUST EXCURSIONS

## Squam Farm

AUGUST 2 + 3

(1.6 mi) Explore the retired pastures, forested paths and hidden wetlands of this spectacular property. Located off Quidnet Rd, this former farmland was used for a 10-year study of the ecological effects of sheep grazing on the island's landscape. See how rare plant species re-established in this secluded spot. **(8:30am-10:30am)**

## Guided Bike Tour

AUGUST 5 + 19

(9 mi) Join avid cyclist and NCF Trustee Jim Meehan to tour the trails and dirt roads of the Middle Moors or Ram Pasture. Space is limited. Helmet and a mountain bike suitable for rough roads is required. **(8am-10am)**

## Polpis Harbor Kayak Paddle

AUGUST 6

Join Dr. Jen Karberg and staff from the Town of Nantucket's Natural Resources Department to paddle Polpis Harbor and learn about harbor health, saltmarsh ecology and nature-based resilience solutions using oyster reefs. See NCF's saltmarsh restoration from the water and paddle past our inter-tidal oyster reef, the first of its kind in Massachusetts. Water, sun, and bug protection recommended. Space is limited. **(10am-12pm)**

## Annual Meeting

AUGUST 8

Please join Nantucket Conservation Foundation's Board of Trustees, Advisors, and staff for the 60<sup>th</sup> Annual Meeting of the Members at the Great Harbor Yacht Club at 5pm. There will be a brief business meeting, address by keynote speaker Sy Montgomery (author of the *Soul of an Octopus, Of Time & Turtles*, and others), book signing and refreshments following. **(5pm-7pm)**

## Windswept Bog

AUGUST 9

(1.3 mi) Following the recent completion of Phase 1 of our watershed-level wetland restoration of this former cranberry farm, we will discuss the bog's history, showcase the work that just took place in early 2024, explain what Phase 2 of the project will entail this coming winter, and look forward to what Windswept could look like within the next several years post-restoration. Hear about how we are improving the ecological resources while maintaining public access to this beloved property. **(8:30am-10:30am)**

## All Levels Yoga Flow

AUGUST 11

A 60-minute class moderately paced with mindful, controlled movement and breath. Emphasis is on lengthening postures, fluid breathing, smooth transitions, and cultivating focus. Includes a gentle warm-up, a brief flow to warm the body, a short series of longer holds, and a relaxing cool-down. Class is aimed to lengthen and preserve more than strengthen and exhaust. Pre-registration required. **(9am-10am)**

## Folger's Marsh Restoration Walk

AUGUST 13

A new walk that explores climate change future adaptation while walking Folger's Marsh. Dr. Jen Karberg will be joined by Leah Hill, Town of Nantucket's Coastal Resilience Coordinator. Learn about current research and monitoring of this salt marsh and the Polpis Rd culvert which will help NCF and the Town of Nantucket plan restoration and adaptation of Polpis Rd to sea level rise. Learn about the goals for this crossing in the Town of Nantucket's Coastal Resilience Plan and how restoration will improve this important salt marsh. **(9am-11am)**

## Masquetuck

AUGUST 14

(1.0 mi) One of the Foundation's real gems. Travel through a small, fascinating hardwood forest that extends to West Polpis Harbor with chances to see herons, egrets, shellfish & other inhabitants of this ecologically rich area. **(8:30am-10:30am)**

## Southern Pine Beetle Walk

AUGUST 15

This ecology excursion will give a close-up view of the damage caused by Southern Pine Beetles. Walk with Wildlife Research Ecologist Danielle O'Dell as she describes the recent outbreak of pine beetles and how NCF is managing the infestation. You will learn the signs to look out for and how you can report them so that further outbreaks can be avoided and hear about what NCF and our island conservation partners are doing to create healthier pitch pine forests that will hopefully be more resilient to future southern pine beetle outbreaks. **(9am-11am)**

## Folger's Marsh Kayak Paddle

AUGUST 16

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## Belle Cruise

AUGUST 20

A special harbor launch on the Belle led by our Ecology staff, each of whom lends their expertise to the outings. These tours are a fun, informative way to enjoy special parts of Nantucket as we show our appreciation to a very important group of people. See Coatue from the water and cruise through the morning as you discuss the important role it plays in our island ecology. **(9am-11am)**

## The Serengeti

AUGUST 23

(2.0 mi) A favorite walk through one of the most iconic and breathtaking parts of the island. Every ride out to Sconset is accompanied by the sprawling views of the open grasslands of Nantucket's outwash plains. Explore these trails by foot and see the vibrant life throughout the southern side of the Middle Moors. **(8:30am-10:30am)**

## Native Plant Landscaping Tour

AUGUST 29

Visit the NCF office at 118 Cliff Road to learn how native shrubs, trees, wildflowers can find a home in your own yard. Planting native supports fascinating insects and wildlife, and connects conservation lands. NCF Plant Research Ecologist/Botanist Kelly Omand gives a tour of our office grounds showcasing the makeover of our office landscape, from removal of invasives to building a biodiversity meadow highlighted with educational signs sponsored by a generous Nantucket Garden Club Grant. **(9am-11am)**

## Leedsmoor

AUGUST 30

(2.7 mi) Explore the heart of the island through the covered shrublands, oak forests and old fields as you learn the stages of vegetative succession on Nantucket. Visit some sites of incredible Nantucket history hidden in the winding trails of the Middle Moors. **(8:30am-10:30am)**

# AUGUST 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 Squam Farm	3 Squam Farm
4	5 Guided Bike Tour (Ram Pasture)	6 Polpis Harbor Kayak Paddle	7	8 Annual Meeting	9 Windswept Bog	10
11 All Levels Yoga Flow	12	13 Folger's Marsh Restoration Walk	14 Masquetuck	15 Southern Pine Beetle Walk	16 Folger's Marsh Kayak Paddle	17
18 Outdoor Restorative Yoga	19 Guided Bike Tour (Middle Moors)	20 Belle Cruise	21	22	23 The Serengeti	24
25	26	27	28	29 Native Plant Landscaping Tour	30 Leedsmoor	31

All dates and times subject to change. Registration required. Space is limited.

Ecology Excursions, Mornings for Members, Wellness Series, Special Events



# SEPTEMBER EXCURSIONS

## Windswept Bog

SEPTEMBER 4 + 7

(1.3 mi) Following the recent completion of Phase 1 of our watershed-level wetland restoration of this former cranberry farm, we will discuss the bog's history, showcase the work that just took place in early 2024, explain what Phase 2 of the project will entail this coming winter, and look forward to what Windswept could look like within the next several years post-restoration. Hear about how we are improving the ecological resources while maintaining public access to this beloved property. **(8:30am-10:30am)**

## Nantucket Climate Change Summit

SEPTEMBER 4

The second annual Nantucket Climate Change Summit will bring together local experts, professionals and managers to explore adapting Nantucket to climate change. Learn how adaptation is already happening on island and share your experiences with climate change adaptation. In partnership with The Linda Loring Nature Foundation, Nantucket Conservation Foundation and sponsored by ReMain Nantucket and Great Harbor Yacht Club, the Summit brings together the Nantucket community to raise awareness around local research and adaptation projects. **(4pm-6:30pm)**

## All Levels Yoga Flow

SEPTEMBER 8 + 15

A 60-minute class moderately paced with mindful, controlled movement and breath. Emphasis is on lengthening postures, fluid breathing, smooth transitions, and cultivating focus. Includes a gentle warm-up, a brief flow to warm the body, a short series of longer holds, and a relaxing cool-down. Class is aimed to lengthen and preserve more than strengthen and exhaust. Pre-registration required. **(9am-10am)**

## Climate Change Awareness Walk

SEPTEMBER 10 + 21

(1.5 mi) During September's Climate Change Awareness Month, join Dr. Jen Karberg at Folger's Marsh and journey on a walk through Nantucket's current climate change impacts. Envision the future of climate change along Folger's Marsh and explore Nantucket's many ways to use existing natural resilience and build nature-based resilience. Learn about ongoing research at Folger's Marsh that will inform adaptation around the island. **(9am-11am)**

## Birding with Woody

SEPTEMBER 11 + 18

A new program focused on the wonderful world of birding! Join Woody Newell, one of our NCF Trustees, on an adventure through an NCF property to find and appreciate avian residents and migrants. Woody's passion for birding is helpful for novices and seasoned birders alike. No previous experience needed, but binoculars encouraged! **(8am-10am)**

## Native Plant Landscaping Tour

SEPTEMBER 12

Visit the NCF office at 118 Cliff Road to learn how native shrubs, trees, wildflowers can find a home in your own yard. Planting native supports fascinating insects and wildlife, and connects conservation lands. NCF Plant Research Ecologist/Botanist Kelly Omand gives a tour of our office grounds showcasing the makeover of our office landscape, from removal of invasives to building a biodiversity meadow highlighted with educational signs sponsored by a generous Nantucket Garden Club Grant **(9am-11am)**

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SEPTEMBER 12

Join Dr. Jen Karberg and Jisun Reiner to paddle Polpis Harbor and learn about harbor health, saltmarsh ecology and nature-based resilience solutions using oyster reefs. See NCF's saltmarsh restoration from the water and paddle past our inter-tidal oyster reef, the first of its kind in Massachusetts. Water, sun, and bug protection recommended. Space is limited. **(1pm-3pm)**

## Tupancy Links

SEPTEMBER 13 + 14

(1.2 mi) Discover the history of this popular Cliff Road property and the family that made its preservation possible. Walk the trails and hear about the transition from private golf course to recovering grassland and the role it plays in restoring habitats across Nantucket. **(8:30am-10:30am)**

## Birding Folger's Marsh

SEPTEMBER 17

A collaborative program between NCF, Egan Maritime and Linda Loring Nature Foundation explores the active birds and history of Folger's Marsh. Viewing the marsh from Egan Maritime's Shipwreck & Lifesaving Museum, this program showcases the importance of seabirds and waterfowl in storied maritime history, to enrich and inform membership of all 3 organizations. Register for free through Egan Maritime at [eganmaritime.org/events](https://eganmaritime.org/events). **(8am-9am)**

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SEPTEMBER 18

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## Southern Pine Beetle Walk

SEPTEMBER 19

This ecology excursion will give a close-up view of the damage caused by Southern Pine Beetles. Walk with Wildlife Research Ecologist Danielle O'Dell as she describes the recent outbreak of pine beetles and how NCF is managing the infestation. You will learn the signs to look out for and how you can report them so that further outbreaks can be avoided and hear about what NCF and our island conservation partners are doing to create healthier pitch pine forests that will hopefully be more resilient to future southern pine beetle outbreaks. **(9am-11am)**

## Folger's Hill

SEPTEMBER 20

(2.8 mi) A new guided walk to a lesser-known hill in the Moors that is one of the highest points on the island. Find a new favorite route along sandy roads and pocket wetlands before the chill of fall sets in. **(8:30am-10:30am)**

## Head of the Plains

SEPTEMBER 25

(2.1 mi) A bountiful and bustling walk through the blooming sandplain grasslands in our Head of the Plains property. Experience calm forested paths and wide open views as you learn of the incredible diversity in plants and pollinators that we have cultivated through strategic habitat management. **(8:30am-10:30am)**

# SEPTEMBER 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Labor Day	3	4 Windswept Bog Nantucket Climate Change Summit	5	6	7 Windswept Bog
8 All Levels Yoga Flow	9	10 Climate Change Awareness Walk	11 Birding with Woody	12 Native Plant Landscaping Tour Polpis Harbor Kayak Paddle	13 Tupancy Links	14 Tupancy Links
15 All Levels Yoga Flow	16	17 Birding Folger's Marsh	18 Birding With Woody Folger's Marsh Kayak Paddle	19 Southern Pine Beetle Walk	20 Folger's Hill	21 Climate Change Awareness Walk
22	23	24	25 Head of the Plains	26	27	28
29	30					

All dates and times subject to change. Registration required. Space is limited.

Ecology Excursions, Mornings for Members, Wellness Series, Special Events





#### CAPACITY

Please note that all outings are limited in the number of attendees that can be accommodated. If you are unable to attend, please let us know so we can fill the outing from our waitlist.



#### TIME

Mornings for Members Walks start promptly at 8:30am and end by 10:30am. All other outings begin promptly at the indicated time.



#### ATTIRE

Participants should wear comfortable shoes suitable for walking on soft sand roads and trails. Water, sun (sunscreen, a hat, etc.) and insect protection are recommended. Note that there are no restroom facilities on Foundation properties. Please review excursion description for additional attire recommendations.



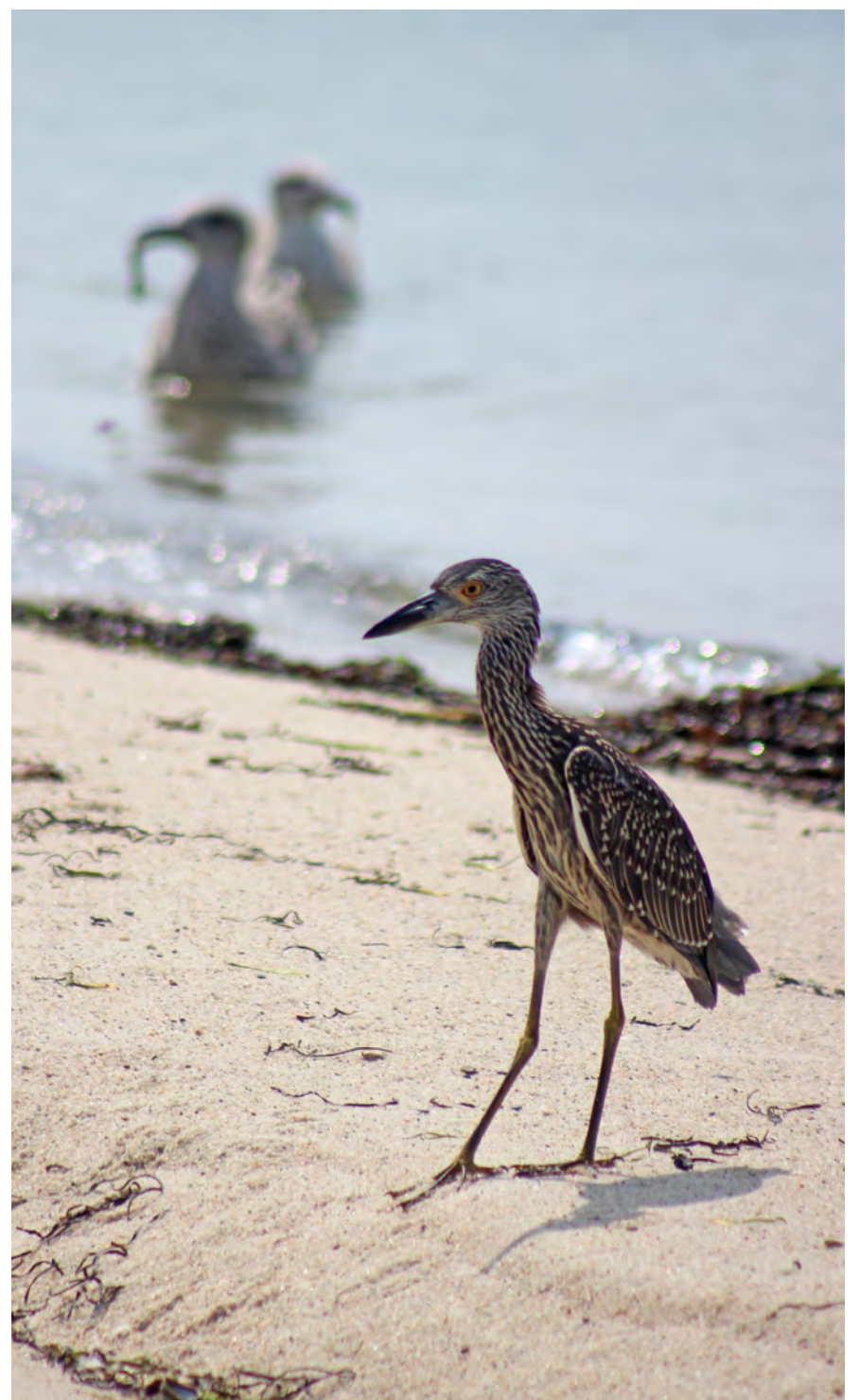
#### THE WEATHER

Except for inclement weather, Mornings for Members Walks and Ecology Excursions almost always take place as scheduled. For all other outings, NCF will make a determination the day before if inclement weather is in the forecast and notify attendees via email.



#### RESERVE YOUR SPACE

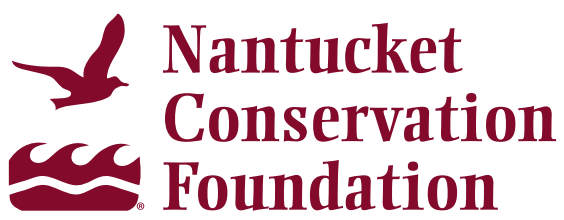
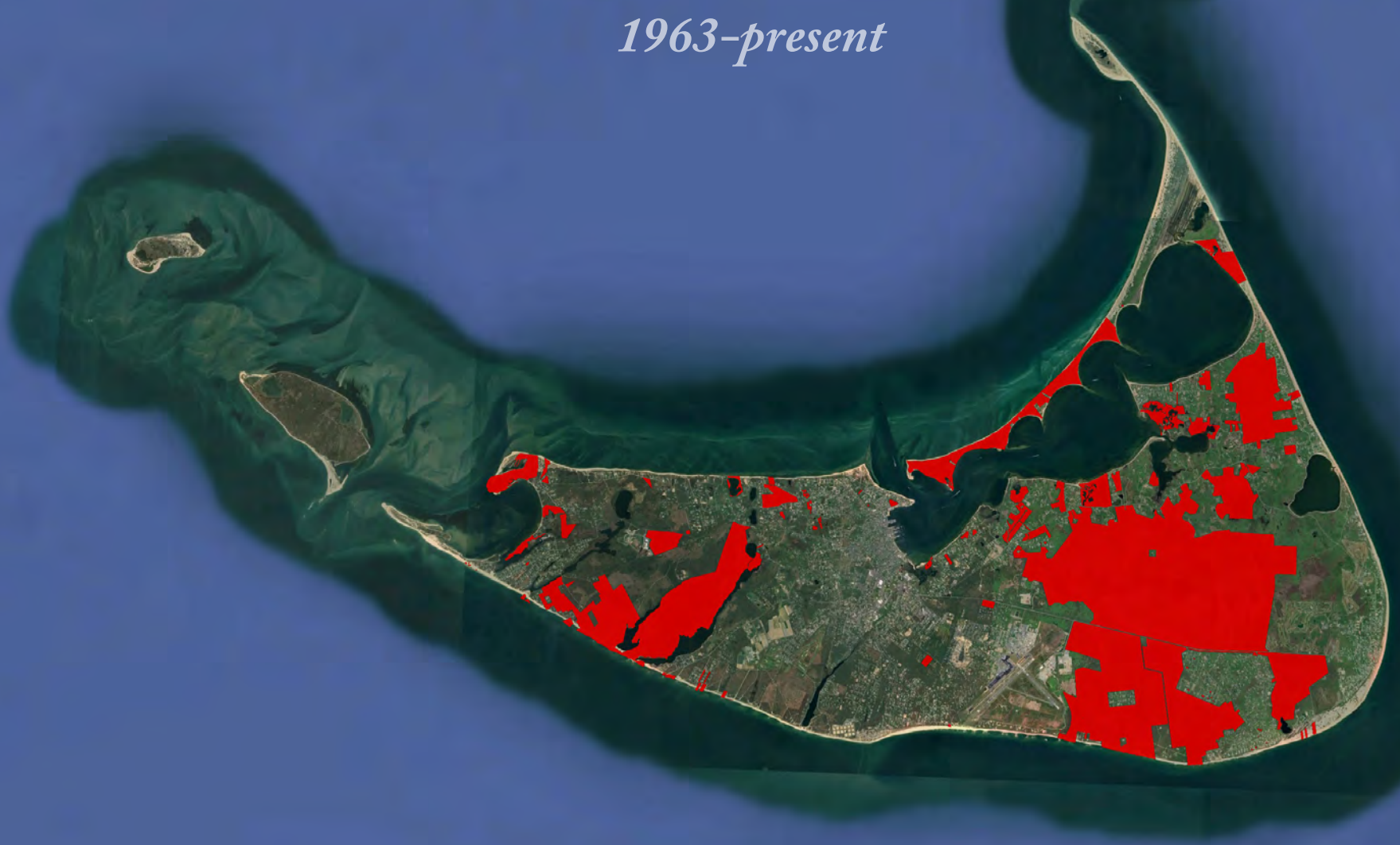
Online at [nantucketconservation.org](http://nantucketconservation.org): go to **Events** and then **Calendar**. Find the event you are looking for to sign up!





NANTUCKET CONSERVATION FOUNDATION  
**PROPERTIES**

*1963-present*





## Give someone the gift that will last forever – the gift of open space.

Do you know someone who cares for Nantucket as much as you do? A gift of membership to the Foundation is a great way to celebrate your shared commitment to preserve open spaces and natural habitats for rare and endangered species on the island. Each membership comes with a subscription to the Foundation's newsletters and publications, a membership decal and invitations to the Mornings for Members and Ecology outings walks each summer. To give a gift membership, scan the flowcode below or visit our website at:

<https://www.nantucketconservation.org/support>.

*Thank you for your support!*

